



## Environmental outlook to 2030 in cow's milk production systems in Mexico



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### Abstract:

The objective of this study was to evaluate the environmental performance of cow milk production in small and medium scale systems in Mexico, through life cycle analysis with a cradle to farm gate approach, for the period 2021-2030. The established functional unit was 1 kg of milk corrected for fat and protein. The impact assessment was carried out with the

OpenLCA 1.11.0 software, using the ReCiPe method, considering seven impact categories: agricultural land occupation (ALO), marine ecotoxicity (ME), human toxicity (HT), climate change (CC), fossil depletion (FD), soil acidification (SA), and water depletion (WD). Among the main results of the research, the production of cattle feed was identified as the chief contributor to environmental loads in most of the categories with percentages above 71 %, while on-farm emissions contribute to the environmental loads for the CC (28 %), FD (26 %) and SA (59 %) categories. A comparison was made between pessimistic, base and optimistic scenarios for the years 2021 and 2030, which confirmed an improvement in environmental efficiency in the optimistic scenario, the increase in production volume represents a decrease of 6 % and 5 %, respectively, in the assessed impact categories.

**Keywords:** Life-cycle analysis, Environmental impact, Sustainability.

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## Introduction

Worldwide milk production involves approximately 150 million households. In developing countries, milk production by smallholder farmers is an important source of both nutrition and income for millions of households<sup>(1)</sup>. According to FAO, between 80 and 90 % of milk production in developing countries is carried out in small-scale production systems<sup>(2)</sup>. Mexico is one of the developing countries with a long tradition of dairy production, ranking 15<sup>th</sup> in the world among milk-producing countries<sup>(3)</sup>.

In Mexico, cow's milk is the third most important livestock product in terms of the economy; in 2021, its output closed with a volume of 12,852 million liters and an economic value of 90,823 million pesos<sup>(3)</sup>. 85 % of the dairy herd corresponds to the semi-intensive family system<sup>(4)</sup>. This type of system is characterized mainly by having a Holstein cattle herd whose diet includes rainfed forage crops (corn, oats, wheat, triticale, barley, rye, rye grass, and native and introduced grasses), legumes (alfalfa, vetch, and chickpeas), and residues from agricultural plots<sup>(5)</sup>.

Semi-intensive family livestock farming is recognized for its socioeconomic importance; however, this activity faces different problems, including low yields in milk production, derived from factors such as genetics, environment, diet<sup>(6)</sup> and climate change. The lack or excess of rainfall and extreme temperatures<sup>(7)</sup> cause a decrease in agricultural production and, therefore, insufficient conditions to maintain livestock production<sup>(8)</sup>.

On the other hand, Mexican cattle ranching is associated with the generation of 13.2 % of GHG emissions in the country, which in 2019 amounted to 736.6 million t of CO<sub>2</sub> equivalent<sup>(9)</sup>; it is also associated with the degradation of natural resources. The generation of GHG emissions is attributed to low milk yields, inefficient management and feeding practices, and an older age at the first calving<sup>(10)</sup>. Environmental issues have increased the interest in identifying mitigation alternatives in different scenarios and productive systems. Baldini *et al*<sup>(11)</sup> highlight Life-Cycle Analysis as a method to identify and evaluate the environmental burdens associated with milk production.

Environmental impact assessment of milk has been carried out for intensive<sup>(12-15)</sup> and semi-intensive production systems<sup>(15-18)</sup>. Some authors indicate that in order to reduce emissions from milk production on small-scale farms it is necessary to produce milk at a larger scale<sup>(17,19,20)</sup>.

The objective of this study was to evaluate the environmental performance of cow's milk production in a semi-intensive system in Mexico through life-cycle analysis with a cradle-to-gate approach, for the period 2021-2030.

## **Material and methods**

This study was conducted using the Life-Cycle Analysis (LCA) methodology, in compliance with the principles established by ISO 14040 and 14044<sup>(21,22)</sup>, which integrates four phases: definition of objectives and scope; inventory analysis; impact assessment, and interpretation of results.

### **Product system**

The system under study corresponds to milk production in small and medium scale farms in Mexico, considered as a semi-intensive system whose production inventory amounts to 85 % of the national total<sup>(23,24)</sup>. It is a very heterogeneous production system with respect to its technological, agroecological, and socioeconomic level<sup>(25)</sup>. Small and medium-scale dairy farming is characterized by a small number of animals in the production units<sup>(26)</sup>. Out of a total of 257 thousand small- and medium-scale producers, 47.30 % have 30 cows or less<sup>(27)</sup>, the milk-producing breeds are mainly Holstein, and the milking is done manually<sup>(28)</sup>.

In 2021, the semi-intensive production system had an inventory of 2'579,223 heads of dairy cattle and an output volume of 11'046,795.96 liters of fluid milk. The annual productivity per cow was 4,017 liters, i.e., 13.17 liters per day<sup>(29)</sup>.

## Definition of objectives and scope

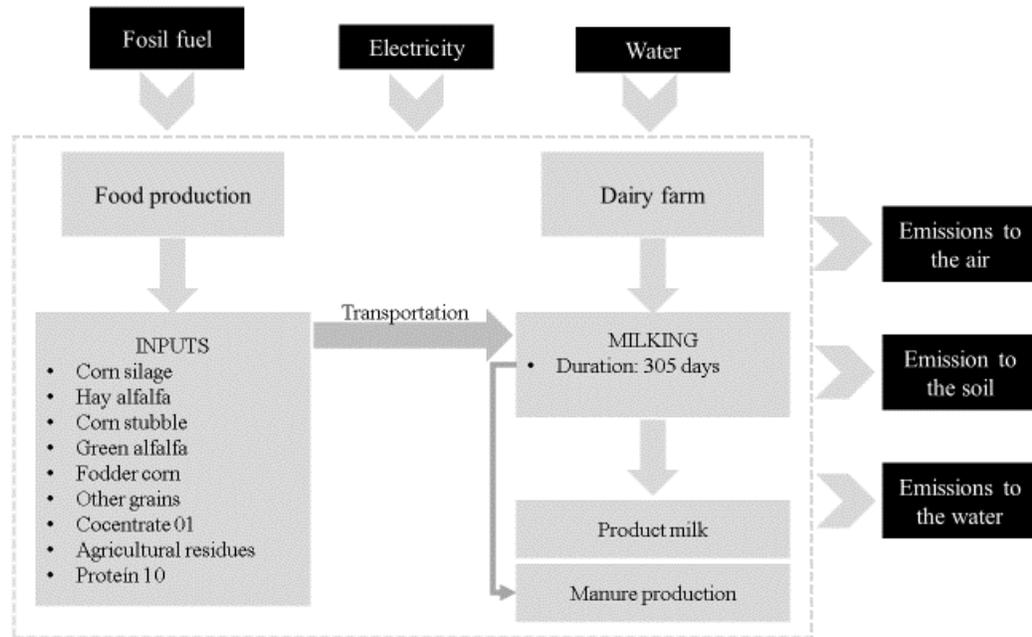
The objective of this study was to evaluate the environmental performance of cow's milk production in a semi-intensive family system in Mexico in the year 2030. The functional unit was 1 kg of milk adjusted for fat and protein (MAFP). According to the International Dairy Federation (IDF), the use of the MAFP unit ensures a fair comparison with different breeds or feeding regimes<sup>(30)</sup>. The weight of raw milk was converted to MAFP using the following equation:

$$\text{MAFP (kg/year)} = \text{Output (kg/year)} * [0.1226 \text{ fat\%} + 0.0776 \text{ protein\%} + 0.2534]$$

The fat and protein contents were established considering the average of the values established in the book *Bovine milk production in the family system in Mexico* ("Producción de leche de bovino en el sistema familiar en México"), being 4.5 % and 3.5 %, respectively<sup>(5)</sup>.

## System limits

System boundaries were established considering a cradle-to-gate approach (Figure 1), i.e., from the extraction of raw materials used in cattle feed until the milk is ready to leave the farm. The system considered two main sub-systems: 1) Cow feed production: considers the activities and processes related to the cultivation of fodder crops and legumes. 2) Milk production: considers the activities of transporting feed to the farm and feeding the cows for 305 d corresponding to the milking period<sup>(31)</sup>.

**Figure 1:** Outline of the limits of the milk production system

### Inventory analysis

The study considered data from secondary sources of information. The volume of production and the inventory of heads at the national level were obtained from the database of the Agri-Food Information System for Consultation (Sistema de Información Agroalimentaria de Consulta)<sup>(29)</sup>. Inputs used in livestock feed were obtained from scientific books of the National Institute for Research on Forestry, Agriculture, and Livestock (Instituto Nacional de Investigaciones Forestales, Agrícolas y Pecuarias)<sup>(5,6)</sup>.

In order to determine the milk production per cow per year, the values corresponding to the volume of national production and the national cattle head inventory were estimated<sup>(29)</sup>. The volume of fluid milk output (thousands of liters) in Mexico was forecast for the period 2021-2030, using the univariate statistical method of series (ARIMA)<sup>(32)</sup>. Statistical tests, model estimation and forecasts were performed with the Simetar<sup>®</sup> software.

The probability distribution was used as a risk factor to determine the minimum and maximum of the milk volume and price series. These confidence intervals were used to construct the pessimistic (lower interval), baseline (mean), and optimistic (upper interval) scenarios. Milk volumes were calculated by production system (barns with an average of 8 cows); the volume of production per cow per day and per year was calculated considering a 305-d lactation period (Table 1).

**Table 1:** Production parameters for the semi-intensive system in the pessimistic, baseline and optimistic scenarios

	2021			2030		
	Pessimistic	Baseline	Optimistic	Pessimistic	Baseline	Optimistic
Liters of cow's milk/305 d	3,745	4,017	4,267	3,724	3,944	4,166
Liters of cow's milk/d	12.28	13.17	13.99	12.21	12.93	13.66
Kg of cow's milk/305 d (MAFP)	4,033	4,325	4,594	4,010	4,246	4,486
Kg of cow's milk/d (MAFP)	13.22	14.18	15.06	13.16	13.92	14.71

MAFP= milk adjusted for fat and protein.

Table 2 shows the various proportions of the dietary ingredients used in the feeding of the cows.

**Table 2:** Main ingredients of the diet used for feeding cows in a semi-intensive system

Inputs	Average ingredients per year	
	(kg)	%
Corn silage	65,450	25.81
Hay alfalfa	212	0.08
Corn stubble	34,277	13.52
Green alfalfa	133,057	52.47
Fodder corn	2,399	0.95
Other grains	1,938	0.76
Concentrate 01	5,021	1.98
Agricultural residues	8,445	3.33
Protein 10	2,780	1.10
Total	253,579	100.00

The inventory for the production of 1 kg of milk – MAFP was integrated according to the above information. (Table 3).

**Table 3:** Inventory per 1 kg of milk -MAFP produced in semi-intensive system

	2021			2030		
	Pessimistic scenario	Baseline scenario	Optimistic scenario	Pessimistic scenario	Baseline scenario	Optimistic scenario
<b>S1</b>						
<b>Inputs</b>						
Corn silage	1.96251	1.82989	1.72263	1.97376	1.86385	1.76424
Hay alfalfa	0.00636	0.00593	0.00558	0.00639	0.00604	0.00571
Corn stubble	1.02778	0.95832	0.90215	1.03367	0.97611	0.92395
Green alfalfa	3.98968	3.72007	3.50202	4.01255	3.78912	3.58662
Fodder corn	0.07194	0.06708	0.06315	0.07235	0.06832	0.06467
Other grains	0.05812	0.05419	0.05102	0.05846	0.05520	0.05225
Concentrate 01	0.15055	0.14038	0.13215	0.15142	0.14299	0.13534
Agricultural residues	0.25321	0.23610	0.22226	0.25466	0.24048	0.22763
Protein 10	0.08337	0.07773	0.07318	0.08385	0.07918	0.07495
<b>Outputs</b>						
Total, feed	7.60352	7.08969	6.67414	7.64711	7.22129	6.83538
<b>S2</b>						
<b>Inputs</b>						
Land occupancy (stable)	0.00216	0.00201	0.00190	0.00217	0.00205	0.00194
Fuel	0.01126	0.01050	0.00989	0.01133	0.01070	0.01012
Electricity	0.00733	0.00683	0.00643	0.00737	0.00696	0.00659
Water	7.56322	7.05212	6.63877	7.60658	7.18301	6.79915
Feed	7.60352	7.08969	6.67414	7.64711	7.22129	6.83538

**Outputs**


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Ammonia	0.00991898	0.00924868	0.00870658	0.00997585	0.00942035	0.00891692
Methane from manure management	0.01835012	0.01711005	0.01610718	0.01845532	0.01742764	0.01649630
Methane by enteric fermentation	0.02454948	0.02289048	0.02154879	0.02469022	0.02331536	0.02206937
Nitrogen	0.00010911	0.00010174	0.00009577	0.00010973	0.00010362	0.00009809
Nitrous oxide	0.00000248	0.00000231	0.00000218	0.00000249	0.00000236	0.00000223

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S1= food production subsystem, S2= milk production subsystem.

The inventory for S1 was integrated considering the feed supplied to the cows: corn silage, hay alfalfa, corn stubble, green alfalfa, fodder corn, concentrate 01, agricultural residues and protein 10. The data were obtained from the Agricultural and Food Database (AGRIBALYSE), Environment and Energy Management Agency (Agribusiness)<sup>(33)</sup>.

The inventory for S2 was integrated considering:

Occupation of barn floor: bovine milk production in a semi-intensive system is regularly carried out in individual cubicles with free access in a paved corral; according to the manual of good livestock practices in bovine milk production units<sup>(34)</sup>, under these conditions, dairy cattle require a surface area of 9 m<sup>2</sup>/cow.

Fuel consumption: the number of liters of fuel per kg of MAFP produced was calculated based on the type of vehicle required to transport the ingredients, the fuel efficiency expressed in km/liter, and the load capacity, adjusted for the functional unit.

Electricity consumption: in small and medium-scale production systems, the milking is done manually; therefore, only artificial lighting of the barn was considered<sup>(34)</sup>, and adjustment was made for the number of days (305) that the cows remain in lactation.

Water consumption: water consumption per cow was estimated for the lactation period (305 days); lactating cows consumed an average of 110 L of water per day<sup>(35)</sup>.

Methane (CH<sub>4</sub>) emissions from manure fermentation and manure management, and nitrogen (N) and nitrous oxide (N<sub>2</sub>O) emissions from manure management were estimated using the emission factors established for Mexico by the National Institute of Ecology and Climate Change (Instituto Nacional de Ecología y Cambio Climático)<sup>(36)</sup>.

### **Environmental impact assessment**

The impact assessment was performed in OpenLCA V.1.11.0 software, using the ReCiPe 2008 method. Seven midpoint categories were considered for this study: agricultural land occupancy (ALO), climate change (CC), fossil depletion (FD), human toxicity (HT), marine ecotoxicity (ME), soil acidification (SA), and water depletion (WD)<sup>(37)</sup>. These categories were selected for having the highest relative contribution of environmental impacts and for the frequency of their use in the literature on similar researches.

## Results

### Environmental impact assessment

The results of the characterization for the baseline scenario identified seven categories (ALO, CC, FD, HT, ME, SA, and WD) as the main contributors to the environmental impacts in the production of 1 kg of MAFP. Table 4 shows that the food production subsystem (S1) is responsible for most of the total impact, with percentages of over 71 % in the following categories: CC, FD, HT, WD, ME, and ALO. While the milk production subsystem (S2) contributes to environmental loads in the categories SA (58.94 %), CC (28.16 %), and FD (25.58 %).

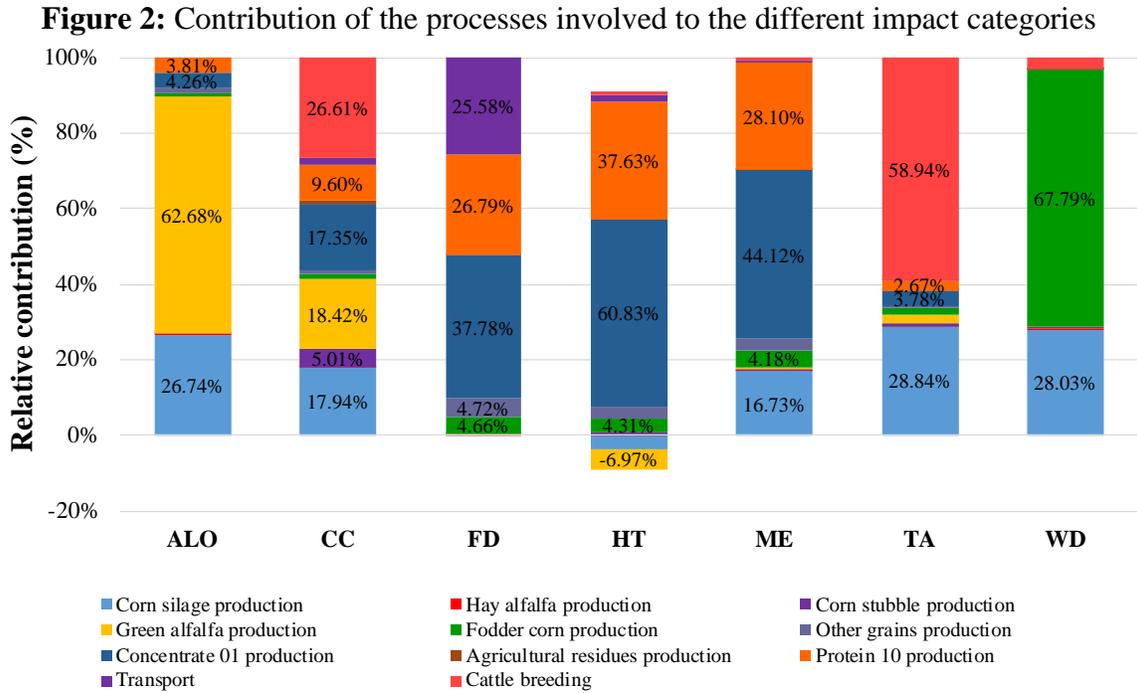
**Table 4:** Midpoint impacts for 1 kg MAFP-Baseline Scenario 2021

Category	S1	S2	Total	Unit
ALO	6.13494	0.00219	6.13713	m <sup>2</sup> *a
CC	0.65082	0.25508	0.90590	kg CO <sub>2</sub> eq
FD	0.03501	0.01203	0.04704	kg oil eq
HT	1.59909	0.05472	1.65381	kg 1,4-DB eq
ME	1.72146	0.01833	1.73979	kg 1,4-DB eq
SA	0.01867	0.02680	0.04547	kg SO <sub>2</sub> eq
WD	0.04327	0.00131	0.04458	m <sup>3</sup>

S1= food production subsystem, S2= milk production subsystem, ALO= agricultural land occupation, CC= climate change, FD= fossil depletion, HT= human toxicity, ME= marine ecotoxicity, SA= soil acidification, WD= water depletion.

The processes involved in the production of 1 kg MAFP involved in the generation of environmental loads are presented in Figure 2. In subsystem 1, the main contributors are: concentrate 01 production in categories HT (60.83 %), ME (44.12 %), FD (37.78 %) and CC (17.35 %), corn silage production in categories SA (28.03 %), WD (26.74 %), ALO (26.74 %), CC (17.94 %) and ME (16.73 %), protein 10 production in categories HT (37.63 %), ME (28.10 %) and FD (26.79 %), forage corn production in category WD (67.79 %) and green alfalfa production in categories ALO (62.68 %) and CC (18.42 %).

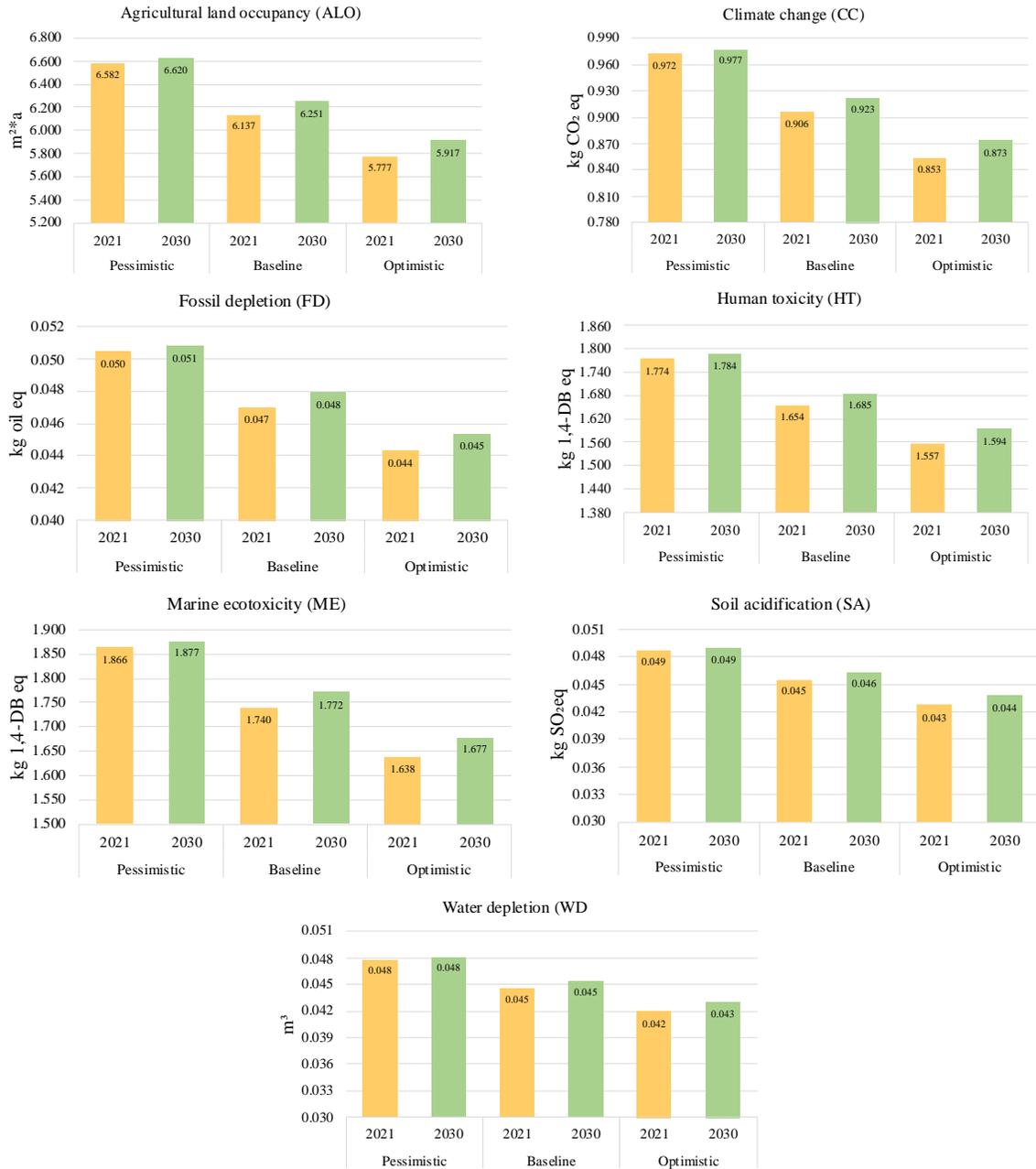
In subsystem 2, the environmental load of the production of 1 kg MAFP, is derived from livestock rearing mainly for categories TA (58.94 %) and CC (26.61 %) and from the transport of inputs to the farm, specifically in category FD (25.58 %).



### Comparative analysis of scenarios for the production of 1 kg MAFP

Figure 3 shows the comparison of the environmental results in the baseline, optimistic and pessimistic scenarios for the seven impact categories for the years 2021 and 2030.

**Figure 3:** Comparative analysis of environmental loads between 2021 and 2030, for the pessimistic, baseline, and optimistic scenarios.



The comparative results between the pessimistic, baseline, and optimistic scenarios show that, in 2021 and 2030, the optimistic scenario allows a reduction of 6 % and 5 %, respectively, of emissions in all impact categories. This is due to the increase in production volume and the improvement in production efficiency, which allows for a reduction in the intensity of emissions<sup>(19)</sup>.

For the years 2021 and 2030, in the ALO category, the optimistic scenario exhibited a reduction of 0.36 and 0.33 m<sup>2</sup> per kilo of MAFP, respectively. A pessimistic scenario implied an increase of 0.44 and 0.37 m<sup>2</sup> per kilo of MAGP.

In the CC category, the optimistic scenario allowed a decrease of 0.53 kg for 2021 and 0.49 kg CO<sub>2</sub> eq per kg MAFP for 2030. On the other hand, the production of 1 kg of MAFP in a pessimistic scenario implied an increase of 0.066 and 0.045 kg of CO<sub>2</sub> eq per kg of milk, respectively.

In the optimistic 2021 and 2030 scenarios, a decrease of 0.0027 and 0.0026 kg oil eq per kilo of MAFP, respectively, was observed in the FD category. The pessimistic scenario showed an increase of 0.0034 and 0.0028 kg oil eq per kilogram of MAFP.

For the year 2030, the HT and ME categories in the optimistic scenario predicted a reduction of 0.059 and 0.095 kg 1,4-DB eq per kilo of MAFP, respectively, and in the pessimistic scenario, an increase of 0.12 and 0.10 kg 1,4-DB eq per kilo of MAFP, respectively.

In the SA category, the optimistic scenario for the years 2021 and 2030 allowed a reduction of 0.0027 and 0.0025 kg SO<sub>2</sub> eq while the pessimistic scenario implied an increase of 0.0033 and 0.0027 kg SO<sub>2</sub> eq per kg MAFP.

Finally, in the WD category for the years 2021 and 2030, there was a reduction of 0.0026 and 0.0024 m<sup>3</sup> of water per kilo of MAFP, respectively, in the optimistic scenario, and an increase of 0.0032 and 0.0027 m<sup>3</sup> of water per kilo of MAFP, respectively, in the pessimistic scenario.

## Discussion

The characterization results of the baseline scenario for 1kg MAFP production in a semi-intensive system show the highest environmental loads in the food production subsystem with percentages of over 71 % in the categories agricultural land occupation (ALO), climate change (CC), fossil depletion (FD), water depletion (WD), human toxicity (HT), and marine ecotoxicity (ME). Similar results were found in the study by Carvalho *et al*<sup>(18)</sup>, where crop production for livestock feed was identified as one of the main contributors to the production of 1 kg of MAFP in a semi-intensive system in Brazil, mainly for the categories of land occupation, fossil resource depletion, water consumption, and soil acidification.

Comparison with studies in intensive systems shows that food production also represents a significant environmental impact<sup>(38)</sup>.

### Agricultural land occupancy

The environmental load of the production of 1 kg of MAFP in the ALO category was 6.14 m<sup>2</sup> in its baseline 2021 scenario. The main contributors to this category are related to the cultivation of green alfalfa (62.68 %), followed by corn silage (26.74 %). These results are higher than the 1.89 m<sup>2</sup>/yr per kg of MAFP cited by Berton *et al*<sup>(16)</sup>, where the land was destined for agriculture that produces the inputs required for livestock feeding in traditional small-scale systems in Italy, and also superior to the results presented by Xiaoquin *et al*<sup>(38)</sup>, where the production per kilo of MAFP requires occupancy of 1.16 m<sup>2</sup> to 2.49 m<sup>2</sup>, highlighting that 98 % corresponds to land occupation for feed production and 2 % corresponds to stables. Rivera *et al*<sup>(39)</sup> reported an occupancy of 1.33 m<sup>2</sup> per kilo of MAFP in a conventional milk production system in Colombia.

However, the results of this study showed an occupancy below 8.8 to 11.2 m<sup>2</sup> per kg of milk in Ethiopia<sup>(40)</sup> and agree that fodder production on soils with low biomass yields is a determinant for the contribution of impacts in the ALO category<sup>(18)</sup>; thus, it is possible to use 2.25 m<sup>2</sup> less soil in intensive systems than in less technified ones<sup>(41)</sup>.

In the year 2021, the optimistic scenario presented a production of 4,594 kg of milk per cow (15.06 kg/d), being the highest production of the compared scenarios, which meant the lowest contribution in the ALO category with 5.78 m<sup>2</sup>, while in the pessimistic scenario milk production decreased to 4,010 kg cow/yr (13.16 kg/d); this represented an increase in land occupation of 6.62 m<sup>2</sup> (Figure 3). An increase in milk production per area of agricultural land is accompanied by an improvement in environmental efficiency<sup>(42)</sup>.

### Climate change

In the CC impact category, 0.85 kg CO<sub>2</sub> eq was generated per 1 kg MAFP in the baseline scenario. The main contributors for this category are related to cattle breeding (26 %), followed by green alfalfa (18.32 %), corn silage (17.84 %), and concentrate 01 productions (17.26 %) (Figure 2). Environmental burdens from livestock breeding are mainly attributed to CH<sub>4</sub> emissions from enteric fermentation and manure management, while environmental burdens from forage and legume production are mainly related to N<sub>2</sub>O emissions generated by the use of agrochemicals in agricultural practices.

The environmental impact of CC found in this study is below 1.42 kg CO<sub>2</sub> eq per kilo of MAFP in a semi-intensive system<sup>(18)</sup>. Kim *et al*<sup>(43)</sup>, compared small-scale (150 cows) and

intensive (1,500 cows) systems and reported values of 1.22 and 0.98 kg CO<sub>2</sub> eq, respectively, demonstrating that feeding practices such as a reduction in the proportion of fodder to 50 %, as well as the use of more digestible fodders, can help to improve the quality of the feed, and that an increase in fat supplementation can reduce CC contributions by up to 7 %. With respect to the production of concentrates<sup>(44)</sup>, they point out that it is possible to relate this to an increase in GHG generation by modeling a reduction in feed consumption, attributing the increase to a diminution of the milk production volume per cow.

The values found in the different scenarios of the current study range from 0.853 kg CO<sub>2</sub> eq per kg MAFP for barns with a yield of 4,594 kg of milk per year (15.06 liters/d) in an optimistic scenario, to 0.977 kg CO<sub>2</sub> eq per kg MAFP for barns with a yield of 4,010 kg of milk per year (13.16 liters/d), 0.788 kg CO<sub>2</sub> eq per kg MAFP in a semi-stabled system in Brazil with a yield of 6,335 kg milk<sup>(45)</sup>, where lower CO<sub>2</sub> eq. values may be associated with higher levels of milk production per cow<sup>(18)</sup>.

### Fossil depletion

The environmental impact for the FD category was 0.48 kg oil eq. for 1 kg of MAFP; the main contributions for the production of concentrate 01 (34.59 %) and protein 10 (24.52 %) correspond to S1, while 25 % of the emissions are generated in the transportation of inputs to the farm (Figure 2). This value is below the 4.82 kg oil eq<sup>(18)</sup>, where the processes with the greatest impact were corn silage production (45.7 %), pasture production (34.3 %), and transportation of inputs to the farm (10 %). Ferreira *et al*<sup>(46)</sup> point out the importance of knowing the origin of inputs in the supply chain in order to reduce transportation impacts. The values found in the different scenarios considered in this study range from 0.044 kg oil eq, in an optimistic 2021 scenario, to 0.051 kg oil eq, in a pessimistic 2030 scenario (Figure 3); these variations correspond to the increase or decrease in milk productivity per cow.

### Soil acidification

For the SA category, 1 kg of MAFP generated a total of 0.043 kg SO<sub>2</sub> eq in its 2021 baseline scenario. The main generator of emissions for this category is livestock farming (58.75 %), followed by corn silage production (28.83 %) and emissions generated by livestock farming from the volatilization of nitrogen in the form of ammonia (NH<sub>3</sub>) (Figure 2). Emissions from corn silage production are NH<sub>3</sub> and N<sub>2</sub>O.

The total emissions generated in this category are higher than the 0.001 kg SO<sub>2</sub> eq.<sup>(18)</sup> and the 0.020 kg SO<sub>2</sub> eq. attributable mostly to emissions from manure management and nitrogen fertilizer use reported<sup>(43)</sup>. In both studies, corn silage was one of the main contributors to emissions generation for this impact category. The specialized literature has shown how

reliance on commercial concentrates can result in the contamination of soils and water bodies by excess nutrients, in addition to competing directly with the production of other foods for human consumption.

The optimistic 2021 scenario presents the lowest value in the SA category with 0.043 kg SO<sub>2</sub> while the pessimistic 2021 and 2030 scenario presents the highest value with 0.049 kg SO<sub>2</sub>; the increase in production volume allows the reduction of the environmental impact in the SA category.

### **Water depletion**

Water depletion per 1 kg MAFP was 0.04225m<sup>3</sup> in its 2021 baseline scenario; the main consumption was for the production of fodder corn (67.08 %) and corn silage (27.74 %). Water consumption in this study is slightly above 0.00587 m<sup>3</sup>(18); similarly, in this study, the highest water consumption was in corn crops. However, there is high variability in the WD category with consumptions from 0.02800 m<sup>3</sup> to 0.09900 m<sup>3</sup>, so that, as farm size increases, water consumption decreases, because the largest water footprint of milk production corresponds to the cultivation of fodder crops to sustain smaller scale production systems(41).

The values presented in the comparative scenarios (Figure 3) range from 0.042 m<sup>3</sup> of water for the optimistic scenario to 0.048 m<sup>3</sup> for the pessimistic scenario. Water is an essential input for the cleaning and consumption of animals(47), although there is no way to reduce the water intake, as an animal's physiological requirements and milk production influence its consumption; proper water management is an adequate alternative to minimize losses of this vital liquid.

### **Human toxicity and marine ecotoxicity**

Toxicity-related categories presented values of 1.5 kg 1,4-DB eq for HT and 1.64 kg 1,4-DB eq for ME. Although these values are not generally considered in the literature, since there are no comparative reference data, in this study they represent an important relative contribution to the environmental loads; the main contributors are the production of concentrate 01 and protein 10 (Figure 2), with percentages of 60.83 % and 37.63 % for HT, and 44.12 % and 28.10 for ME. The values presented in the comparative scenarios (Figure 3) are the lowest in the optimistic 2021 scenario (1.56 kg 1,4-DB eq for HT and 1.64 kg 1,4-DB eq for ME), while the highest value is presented for the pessimistic 2030 scenario (1.78 kg 1,4-DB eq for HT and 1.88 kg 1,4-DB eq for ME).

## **Environmental impact mitigation strategies**

The results of the evaluated scenarios provide a great opportunity for action to position dairy farming in a positive scenario; the increase in production volumes was observed to be accompanied by a decrease in environmental loads. One strategy to improve the environmental performance of semi-technified milk production systems is to improve the productivity per lactating cow<sup>(18)</sup>; this would allow the mitigation of the environmental impacts without reducing the milk production. It is possible to increase the production volume by increasing efficiency with fewer cows. This implies not only an environmental benefit but also an economic and social benefit that allows progress towards the sustainability of milk production systems.

This study identified the main processes that contribute to the generation of environmental impacts, first of all, agricultural activities related to crop cultivation required for livestock feeding and manure management. This gives way to the implementation of comprehensive strategies such as the transition to a circular economy through regenerative processes to eliminate losses and waste throughout the biological cycle. As an opportunity to close the cycle, the feces and urine of livestock can be used as natural fertilizer; the use of good management practices and with the corresponding monitoring, can contribute to soil health and reduce CH<sub>4</sub> emissions to the atmosphere<sup>(48)</sup>.

## **Conclusions and implications**

The food production subsystem is the main contributor to the generation of environmental loads in the ALO, CC, FD, HT, ME, and WD categories. For the ALO category, the input that used the largest amount of soil was alfalfa. For the categories CC, FD, HT, and ME, the inputs with the highest contribution to emissions generation were concentrate 01, protein 10, and corn silage. In the WD category, the greatest impact is attributed to the forage corn crop. Animal husbandry has its largest contribution to SA, CC, and FD categories; enteric fermentation processes and manure management contribute to the generation of emissions such as CH<sub>4</sub> and NH<sub>3</sub>. The comparative scenarios confirm that the increase in production volume represents a decrease of 5 % and 6 % for the years 2021 and 2030, respectively, in the impact categories evaluated. Therefore, the improvement of productive efficiency per lactating cow is one of the main goals to be established.

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### Conflict of interest

The authors declare that they have no competing financial interests or known personal relationships that might have influenced the work reported in this paper.

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